



LICIA PASKAY | INSTRUCTOR



While working as a dental hygienist in Italy in the 1990's, Licia's boss used to question her ideas on myofunctional therapy: "Who said so? Where is the information coming from?" Those nagging phrases pushed her to learn more about orofacial myofunctional therapy and to pursue evidence based practices all her life.

Licia graduated from Padua University (Italy) in speech therapy, from Antioch University, Los Angeles with a BA in Gerontology and from Cal. State U. Northridge with a Masters Degree in Communication Disorders and Sciences, but she never stopped learning and pursuing education.

Licia is a licensed Speech Language Pathologist in California (with an emphasis in Orofacial Myofunctional Therapy and the management of cognitive disorders) treating patients of all ages, mostly affected by dysphagia or orofacial myofunctional disorders, but also by Multiple Sclerosis, Mild Cognitive Impairment, Parkinson's and Alzheimer's.

She found the perfect mixture of inspiring professionals at the Academy of Orofacial Myofunctional therapy (AOMT) where she is currently a Board Member and lecturer and where she has the chance to collaborate and exchange ideas with some of the most remarkable professionals in the world.

Licia shares her passion for knowledge and information by presenting at various events nationally and internationally, using different types of media. She also agonizes over every word she writes in several articles on the subject of myofunctional therapy.

Licia works hard but also makes a point to spend quality time with her siblings, with her much adored husband, her funny dog, friends, colleagues, students and with people passionate about learning and doing.

Along with her associate Britta Schramm she developed CogniFitness, a nationally recognized, award-winning program sponsored by the National MS Society, SoCal Chapter, designed to help people with Multiple Sclerosis who are experiencing cognitive problems, especially memory loss.

– liciapaskay.com

“My practice focuses on treating orofacial myofunctional disorders (open mouth, tongue thrust, poor chewing) and cognitive disorders”

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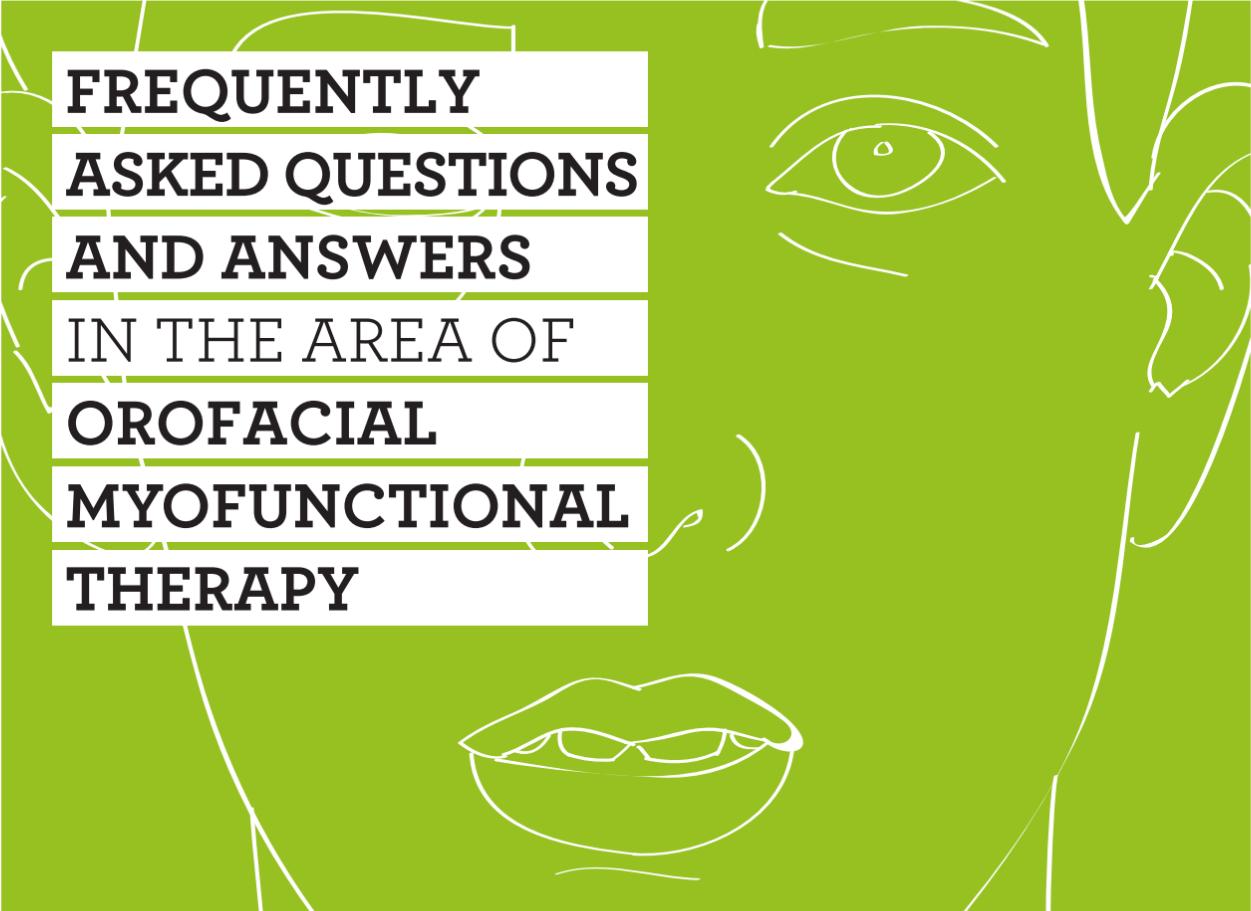
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ASKED QUESTIONS
AND ANSWERS
IN THE AREA OF
OROFACIAL
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