



Elena Banci

Paediatric Clinical Dietitian

with Master degree in food Science

Meyer Children's Hospital IRCCS, Florence, Italy

ESPGHAN AHP Committee member since 2020

AHP Com Secretary since May 2025

SIGENP (Italian Society of Pediatric Gastroenterology, Hepatology and Nutrition) Secretary of the Dietetics Group 2022/2023

WORK EXPERIENCE

From 1.06 2012 until
now

Clinical Dietitian

Dietetic Department, Meyer Children's Hospital, Florence, Italy

Nutritional management and dietetic treatment of children with:

- Gastrointestinal diseases: IBD, IF
- Surgical issues
- Enteral and parenteral nutrition needs
- Neurological impairment in children

1.11.2011 – 31.03.2012

Paediatric Dietitian

Project Coordinator in Burkina Faso, Sub-Saharan Africa

For Madirò, Doctors for development, Onlus

Project:

Realization of a center for handcraft production of Enriched Flour for nutritional treatment and management of children with malnutrition treated in a rural hospital of a village in a developing country.

Part of the management team of this Madirò, Doctors for development, Onlus since 2012.

1.12.2010 – 30.08.2018

Dietitian in Private Clinic

Multidisciplinary Pediatric Private Clinic, Florence (Italy)

EDUCATION AND TRAINING

Since 2012	Constant updating through Italian courses and congress (Continuing medical education, ECM)
June 2019	AHP course during 52° ESPGHAN 5-8 June 2019, Glasgow
March 2019	D-Ecco Workshop, 14th Congress ECCO, Copenhagen 8.03.2019
September 2018	ESPGHAN AHP Summer School, Valencia – 13-16 September 2018
16.10.2017 – 10.11.2017	Observer Dietitian at GOSH, Great Ormond Street Hospital, London at Dietetics and Gastroenterology Department
1.12.2012 – 26.04.2015	Master's Degree in Food Science University of Florence, with top marks
1.07.2011 – 31.07.2011	Observer Dietitian at GOSH, Great Ormond Street Hospital, London Dietetics Department
1.09.2007 – 30.11.2010	Graduation in Dietetics University of Florence, with top marks

ADDITIONAL INFORMATION

PUBLICATIONS:

SCOPUS ID: 57196401797

ORCID ID: 0009-0003-5129-1573

A real-life pediatric experience of Crohn's disease exclusion diet at disease onset and in refractory patients. Scarallo L, Banci E, De Blasi A, Paci M, Renzo S, Naldini S, Barp J, Pochesci S, Fioretti L, Pasquini B, Cavalieri D, Lionetti P.J Pediatr Gastroenterol Nutr. 2024 Sep;79(3):592-601. doi: 10.1002/jpn3.12283.

World Health Organization (WHO) guideline on the complementary feeding of infants and young children aged 6-23 months 2023: A multisociety response. (ESPGHAN)

J Pediatr Gastroenterol Nutr. 2024 Jul;79(1):181-188. doi: 10.1002/jpn3.12248.

The Use of Blended Diets in Children with Enteral Feeding Tubes: A Joint Position Paper of the ESPGHAN Committees of Allied Health Professionals and Nutrition

Köglmeier, J.; Assecaira, I.; Banci, E et al. 2023
Journal of Pediatric Gastroenterology and Nutrition
doi 10.1097/MPG.0000000000003601

Changing Dietary Habits: The Impact of Urbanization and Rising Socio-Economic Status in Families from Burkina Faso in Sub-Saharan Africa (2022) Casari, S. and Di Paola, M. and Banci, E et al. Nutrients
doi: 10.3390/nu14091782.

Crohn's disease exclusion diet in children with Crohn's disease: a case series, (2021) Luca Scarallo, Dietitian Elena Banci, Dietitian Valentina Pierattini & Paolo Lionetti
Current Medical Research and Opinion, DOI: 10.1080/03007995.2021.1920901

Journal of the Italian Society for Paediatric Gastroenterology, Hepatology and Nutrition. (n.2/y.2020)
Crohn's disease exclusion diet. Elena Banci e Paolo Lionetti

Journal of the Italian Society for Paediatric Gastroenterology, Hepatology and Nutrition. (n.2/y.2019)
Management of severe acute malnutrition in children in low income Countries. Elena Banci e Paolo Lionetti

Diet, environments and gut microbiota. A preliminary investigation in children living in rural and urban Burkina Faso and Italy
Authors: Carlotta De Filippo, Monica Di Paola, Matteo Ramazzotti, Davide Albanese, Giuseppe Pieraccini, Elena Banci, Franco Miglietta, Duccio Cavalieri, Paolo Lionetti
Frontiers in Microbiology, section Food Microbiology.
Front Microbiol. 2017 Oct 13;8:1979.
doi: 10.3389/fmicb.2017.01979. eCollection 2017.

Type: Poster for VIII Annual Meeting SIMMESN 2017 (Italian society for the study of inherited metabolic disorders and neonatal screening)

Title: Dieta chetogenica e stato nutrizionale: analisi di un gruppo di pazienti con deficit del trasportatore GLUT1
Cipriani A, Banci E, Marini C , Belli F, Bruni G,

Type: **Poster for 47th Annual Meeting ESPGHAN**

Title: Outcome of complicated acute malnutrition in children

treated according to WHO guidelines in Rural Burkina Faso
Authors: Elena Banci, Silvia Collini , Antonio Liguori , Elena Sieni
, Cristina Brondello , Monica Paci , Paolo Lionetti
JPGN, Volume 58, Supplement 1, June 2014

TEACHING:

University teaching at the University of Florence

Since academic year 2016/2017

Artificial Nutrition in Paediatrics – Degree course in Dietetics

Tutor for training - Degree course in Dietetics

2016/2017 until 2022/2023

30/06/2025

Elena Banci

A handwritten signature in black ink that reads "Elena Banci".